

Nutrients & Herbs: _____

Nutraceuticals Taken 6 Days Each Week	<i>Upon Waking</i>	<i>With Breakfast</i>	<i>2 Hours After Breakfast</i>	<i>With Lunch</i>	<i>With Dinner</i>	<i>2 Hours After Dinner</i>	<i>Before Bed</i>
Treatment Protocol - Kids							
Cellular Energy Production							
<i>Klaire Labs Vitaspectrum Powder Multi</i>		1 scoop					
<i>Nordic Naturals ProOmega 2000 Junior</i>		2 softgels					
<i>Professional Formulas Chlorella in Glycerin</i>		¼ to ½ ml					
<i>Nordic Naturals Baby's Vitamin D</i>		1 drop (400 IU)					
<i>Sun Warrior Warrior Blend Protein Powder</i>		1/4 to 1/2 scoop in smoothie					
Addition Nutraceuticals Indicated							
<i>Designs for Health PharmaGABA</i>		1 chewable					1 chewable
Immune Support							
<i>Klaire Labs Ther-Biotic Children's Probiotic</i>		1 chewable					
Additional Considerations							
<i>Organic Essential Oils (see above)</i>	Diffuse/apply before school				Diffuse/apply before homework		Diffuse/apply before bed

Optional Recommendations in Red