

Nutrients & Herbs: \_\_\_\_\_

<b>Nutraceuticals Taken 6 Days Each Week</b>	<i>Upon Waking</i>	<i>With Breakfast</i>	<i>2 Hours After Breakfast</i>	<i>With Lunch</i>	<i>With Dinner</i>	<i>2 Hours After Dinner</i>	<i>Before Bed</i>
<b>Treatment Protocol - Kids</b>							
<b>Cellular Energy Production</b>							
<i>Klaire Labs Vitaspectrum Powder Multi</i>		<b>1 scoop</b>					
<i>Nordic Naturals ProOmega 2000 Junior</i>		<b>2 softgels</b>					
<i>Professional Formulas Chlorella in Glycerin</i>		<b>¼ to ½ ml</b>					
<i>Nordic Naturals Baby's Vitamin D</i>		<b>1 drop (400 IU)</b>					
<i>Sun Warrior Warrior Blend Protein Powder</i>		<b>1/4 to 1/2 scoop in smoothie</b>					
<b>Addition Nutraceuticals Indicated</b>							
<i>Designs for Health PharmaGABA</i>		<b>1 chewable</b>					<b>1 chewable</b>
<b>Immune Support</b>							
<i>Klaire Labs Ther-Biotic Children's Probiotic</i>		<b>1 chewable</b>					
<b>Additional Considerations</b>							
<i>Organic Essential Oils (see above)</i>	<b>Diffuse/apply before school</b>				<b>Diffuse/apply before homework</b>		<b>Diffuse/apply before bed</b>

**Optional Recommendations in Red**