

**Nutrients & Herbs:**

<b><i>Nutraceuticals Taken 6 Days Each Week</i></b>	<i>Upon Waking</i>	<i>With Breakfast</i>	<i>2 Hours After Breakfast</i>	<i>With Lunch</i>	<i>With Dinner</i>	<i>2 Hours After Dinner</i>	<i>Before Bed</i>
<b><i>Treatment Protocol - Kids</i></b>							
<b><i>Cellular Energy Production</i></b>							
<i>Klaire Labs Vitaspectrum Powder Multi</i>		<b><i>1 scoop</i></b>					
<i>Nordic Naturals ProOmega 2000 Junior</i>		<b><i>2 softgels</i></b>					
<i>Professional Formulas Chlorella in Glycerin</i>		<b><i>¼ to ½ ml</i></b>					
<i>Nordic Naturals Baby's Vitamin D</i>		<b><i>1 drop (400 IU)</i></b>					
<i>Sun Warrior Warrior Blend Protein Powder</i>		<b><i>1/4 to 1/2 scoop in smoothie</i></b>					
<b><i>Addition Nutraceuticals Indicated</i></b>							
<i>Designs for Health PharmaGABA</i>		<b><i>1 chewable</i></b>					<b><i>1 chewable</i></b>
<b><i>Immune Support</i></b>							
<i>Klaire Labs Ther-Biotic Children's Probiotic</i>		<b><i>1 chewable</i></b>					
<b><i>Additional Considerations</i></b>							
<b><i>Organic Essential Oils (see above)</i></b>	<b><i>Diffuse/apply before school</i></b>				<b><i>Diffuse/apply before homework</i></b>		<b><i>Diffuse/apply before bed</i></b>

**Optional Recommendations in Red**