

# TERPENE CHART

THE WOODS & THE EARTH		α-Pinene	Terpinolene	Terpineol	
+ FOUND IN	AROMA	BOILING POINTS	Pine, Rosemary, Parsley Turpentine, Pine, Dill 311°F, 155°C bronchodilator, asthma, anti-inflammatory, aids memory Jack Herer, Blue Dream, AK-47, Romulan, Harlequin, Kush Group, Cloudburst	Pine, Conifers, Nutmeg, Lilacs Woods, Smoke, Herbal 343-347, 361°F, 173-175, 183°C anti-oxidant, anti-cancer, sedative Jack Herer, Pineapple Jack, Afghani, Pineapple Kush, OG Group, Durban Poison, XJ-13	Pine, Lapsang Souchong tea Lilac 426°F, 219°C anti-oxidant, sedative, anti-inflammatory, anti-malarial, anti-anxiety Jack Herer, White Widow, Girl Scout Cookies, OG Group, Black Mamba, Skywalker, Blue Cheese
<b>Carene</b>	<b>Camphene</b>	<b>Camphor</b>	<b>Cedrene</b>	<b>Guaiol</b>	
Fine, Cedar Sweet, Pungent, Woods 340°F, 171°C dry out excess bodily fluids (tears, mucus); central nervous system depressant, memory retention, anti-inflammatory Super Lemon Haze, Skunk #1, Jack Herer, Blueberry Muffin, Trainwreck, XJ-13	Trees, Citronella, Ginger Pungent, Musky, Earthy 318°F, 159°C pain relief, anti-oxidant Strawberry Banana, OG Group, Black Mamba, Skywalker, Kush Group, ACDC, Girl Scout Cookies, Truffula Tree	Camphor tree, Rosemary Pungent 408°F, 209°C readily absorbed through skin, produces cooling sensation like menthol, slight local anesthetic, anti-microbial substance Black Mamba, Skywalker	Cedar Woods, Cedar 503°F, 262°C anti-microbial, anti-fungal, anti-cancer	Guaiacum/Cypress trees Woods, Pine, Rose 198°F, 92°C antimicrobial, anti-inflammatory Chocolope, White Widow, Harlequin, Kush Group, Medical Mass, Dream Queen	
<b>Phellandrene</b>	<b>Eucalyptol</b>	<b>PEPPERS &amp; SPICE</b>		<b>Sabinene</b>	
Eucalyptus Mint, Citrus, Pepper 341°F, 171°C anti-depressant, anti-cancer, expectorant Jack Herer, Trainwreck, Arjan's Haze #3, Arjan's Strawberry Haze, XJ-13	Eucalyptus, Bay Leaves, Tea Tree, Wormwood, Basil Mint, Earthy, Cool 349°F, 176°C anti-fungal, Alzheimer's, anti-inflammatory, asthma, anti-bacterial Super Silver Haze, Headband, ACDC	Black Pepper, Clove, Cinnamon Peppery, Spicy, Earthy 260°F, 130°C epilepsy, anti-anxiety, chronic pain, muscle spasms, insomnia Girl Scout Cookies, White Widow, Super Silver Haze, Black Mamba, Skywalker, Pineapple Express, Kush Group, Hash Plant, AK47, XJ-13	Black Pepper, Clove, Cinnamon Peppery, Spicy, Earthy 260°F, 130°C epilepsy, anti-anxiety, chronic pain, muscle spasms, insomnia Girl Scout Cookies, White Widow, Super Silver Haze, Black Mamba, Skywalker, Pineapple Express, Kush Group, Hash Plant, AK47, XJ-13	Oak, Norway Spruce, Carrot, Nutmeg Fine, Orange, Spicy 326°F, 164°C benefits liver function and digestion, relieves arthritis, and soothe skin conditions Super Silver Haze, Arjan's Ultra Haze #1	
<b>CITRUS</b>		<b>d-Limonene</b>	<b>Valencene</b>	<b>Caryophyllene Oxide</b>	
+ FOUND IN	AROMA	Citrus fruits, Juniper Citrus 349°F, 176°C anti-depressant, GERD, assists with skin absorption of other terpenes Sour Diesel, Lemon Skunk, Trainwreck, Bubba Kush, OG Group, Black Mamba, Skywalker, AK47	Valencia Oranges Citrus, Sweet, Herbal, Woods 253°F, 123°C anti-inflammatory Tangie, Agent Orange	Citrus fruits, Jasmine, Tea Tree Oil Rose, Citrus, Woods 252°F, 122°C sedative, potent anti-fungal and anti-malarial activity, anti-oxidant, anti-fungal Jack Herer, OG Group, Gorilla Glue #4, San Fernando Valley	Clove, Pepper, Lemon Balm, Lavender, Rosemary Peppery, Spicy, Earthy 536°F, 260°C anti-fungal, anti-coagulant Durban Poison, XJ-13
<b>HERBAL</b>		<b>Ocimene</b>	<b>Fenchol</b>	<b>Borneol</b>	
+ FOUND IN	AROMA	Mint, Parsley, Basil, Mango Herbal, Sweet, Woods 212°F, 100°C anti-fungal, anti-septic, decongestant, anti-bacterial Golden Goat, Strawberry Cough, Kush Group, Sour Diesel, Green Crack, Headband	Basil Floral, Piney, Woods, Lemony 394°F, 201°C OG Group, Black Mamba, Skywalker, Kush Group, Blue Cheese, Headband, Gelato Jack Herer, Pineapple Jack, Afghani, Pineapple Kush, OG Group, Durban Poison, XJ-13	Mugwort, Wormwood, Sagebrush, Tropical Trees, Ginger Herbal, Woods 415°F, 213°C sedative, used for relaxation, anti-inflammatory, anti-nociceptive, anti-coagulant, drug potentiator Amnesia Haze, Golden Haze, Kush Group, Blue Cheese, OG Group	
<b>Bisabolol</b>	<b>Phytol</b>	<b>Isoborneol</b>	<b>Menthol</b>	<b>Isopulegol</b>	
German Chamomile Tangy, Citrus, Floral, Sweet 307°F, 153°C apoptosis in models of leukemia, anti-inflammatory, anti-bacterial Harle-Tsu, Headband, ACDC, Oracle, Grape Stomper, Royal Kush, Royal Highness, Blue Cheese, XJ-13	Green Tea, Green Plants Light Floral, Jasmine, Green Tea 399°F, 204°C inhibits the enzyme that degrades the neurotransmitter GABA, relaxant, prevents Vitamin A teratogenesis, immunosupresant Sour Diesel, Cheese, Blue Cheese, Blue Dream, OG Group	Mugwort, Wormwood, Sagebrush, Tropical Trees, Ginger Herbal, Woods 415°F, 213°C antiviral, inhibitor of herpes simplex virus type 1 Amnesia Haze, Golden Haze	Corn Mint, Peppermint Mint, Menthol 414°F, 212°C analgesic, topical treatment of inflammation Arjan's Haze #3	Mint Mint, Herbal 414°F, 212°C gastro-protective, anti-inflammatory, reduces seizure severity in animal studies, anti-microbial Kosher Tangie, Headcheese, Truffula Tree, AMS, Big Bang	
<b>Cymene</b>	<b>Pulegone</b>	<b>FLORAL</b>		<b>Linalool</b>	
Cumin, Thyme, Coriander, Oregano Orange, Carrot, Turpentine 351°F, 177°C anti-inflammatory, prevents acute lung injury, anti-biotic Purple Party Cropper, Jack Herer, Mango Sherbert, Don Carlos	Catnip, Mint, Pennyroyal Mint, Camphor 430°F, 221°C acetylcholinesterase inhibitor, aids memory OG Kush, Headband	+ FOUND IN	Mint, Bergamot Floral 388°F, 198°C anti-anxiety, sedative, anti-convulsant, pain relief, anti-depressant Lavender, Headband, Amnesia Haze, LA Confidential, OG Group, Tangerine Dream, AK47	Rose, Geraniums, Tobacco Floral 447°F, 231°C anti-oxidant, anti-fungal, anti-bacterial, anti-spasmodic, neuroprotectant Lavender, Amnesia Haze, Headband, Great White Shark, Black Mamba, Skywalker, Death Star OG	
<b>HOPPY</b>		<b>Myrcene</b>	<b>α-humulene</b>	<b>Geranyl acetate</b>	
+ FOUND IN	AROMA	Hops, Mango, Lemongrass Hoppy, Herbal, Earthy 333°F, 167°C antiseptic, sedative, anti-bacterial, anti-fungal, anti-inflammatory Blue Dream, Grand Daddy Purple, Northern Lights, Amnesia, Kush Group, Chemdawg	Hops, Coriander, Basil Hoppy, Earthy 388°F, 198°C anti-bacterial, pain relief Girl Scout Cookies, White Widow, Sour Diesel, Durban Poison, Grand Daddy Purple, Kush Group	Citronella, Lemongrass, Sassafras, Rose Floral, Fruity 473°F, 245°C anti-microbial Headband, Gelato, Orange Cookies	

These statements have not been evaluated by the FDA and are not intended to diagnose, treat or cure any disease. Always check with your physician before starting a new dietary supplement program.

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